

Andrews University Dietetic Internship Written Case Study Rubric

Intern's name: Karen Casey

Case title: Hidden Malnutrition in Down Syndrome Infant

Category	Excellent (5)	Acceptable (4)	Needs Improvement (3)	Raw Score	Weight	Final Score
Introduction	The introduction presents the overall topic and draws the reader into the presentation.	The introduction presents the overall topic somewhat clearly and draws the reader into the presentation.	The introduction does not present the overall topic clearly. The reader is not drawn to the presentation.	5	1	5
Content/knowledge*	The content is written clearly and concisely with a logical progression of ideas and supporting information. Follows the case study outline for content and organization. All elements of the case study are present including vegetarian nutrition, ethical considerations and multi-disciplinary interactions . Shows knowledge of disease processes and medications. Recommends appropriate interventions. Implications of a plant-based diet are included. Indicates critical thinking: barriers, limitations, strengths, gaps in information	The content is written concisely but may be unclear. Some parts of the case study lose a logical progression of ideas and may miss supporting information. Follows the case study outline for content and organization most of the time including vegetarian nutrition, ethical considerations and multi-disciplinary interactions . Shows knowledge of disease processes & medications. Recommends appropriate interventions most of the time. Implications of a plant-based diet are included, but not thorough.	The content is written unclearly with illogical progression of ideas and supporting information. Follows the case study outline for content and organization most of the time. Doesn't have a clear understanding of the disease process. May or may not recommend appropriate interventions. A plant-based section, ethical considerations and multi-disciplinary interactions are not included. . Critical thinking not indicated: barriers, limitations,	5	6	30
MNT/Calculations:	Applies evidence-based guidelines in the Nutrition Care Process. Justifies choice of MNT based on evidence. Nutrient calculations are accurate. Accurate analysis of the previous diet is included. Critical thinking skills are well utilized regarding patient assessment resulting in thoughtful recommendations.	Misses some elements of the Nutrition Care Process. 1 nutrient calculation is inaccurate. Analysis of the previous diet is included with some inaccuracies. Critical thinking skills are utilized regarding patient assessment resulting in thoughtful recommendations.	No evidence of using the most appropriate MNT. 2 or more calculations are incorrect. Analysis of the previous diet is missing. Minimal critical thinking skills are utilized regarding patient assessment resulting in thoughtful recommendations.	4	6	24
Text Elements/Mechanics:	The fonts are easy to read. The layout is visually pleasing and contributes to the overall message. The text is written with one error or less in grammar, capitalization, punctuation, and spelling. Cover page with the title is present	The fonts are easy to read. The layout is good. The text is written with 2-3 errors in grammar, capitalization, punctuation, and spelling. Cover page is incomplete.	The fonts are not easy to read. The layout is average. The text is written with more than 3 errors in grammar, capitalization, punctuation, and spelling. <u>No cover page.</u>	5	2	10
Research/Citations:	Evaluates emerging research for application of dietetic practice. Research of disease processes is complete. Sources of information are properly cited and not more than 5 years old (exception if a classic citation) There are 10 or more citations for the major case study and 5 citations for the minor case study.	Incomplete evaluation of research. Sources of information are properly cited and not more than 5 years old. Missing 2 citations for major case study & 1 for minor case study.	Missing major evaluations of research. Sources of information are not properly cited or some citations are older than 5 years. Missing more than 2 citations for major case study & more than 1 for minor case study.	5	5	25
Total Score:						94

Comments: General disease research is excellently summarized in a comprehensive yet succinct manner. Missing WFL in introduction. Social hx is nicely outlined and contains all pertinent information to case. PMH is well explained, does not contain all information as recommended in outline, but reviewing RD would likely not have included this information and feels the PMH of the case was sufficiently summarized with information presented. Present treatment should include current/recently revised changes to NG feeding regimen especially since family attributes these changes to the change in patient's physical status (appearing more malnourished) with the variation in energy/protein provision if applicable (but otherwise noting no change between regimens just administration changes). Nutrition related impacts of home medications needs greater assessment. Not enough depth presented in malnutrition status (weight decline, what percent over what period, -1 WFL z score, but declined from what to what over what date range), weight gain velocity - whats normal vs what happened; the specifics should be included here. For feeding changes, would present full feeding regimen, what it provides, change in regimen, and the % increase/decrease this represents. Calculations are accurate for formula provision. Nicely written PES statements, would add depth to symptoms for malnutrition PES. Interventions are comprehensive (including care coordination/education). Nice use of tables to succinctly/thoroughly communicate changes in care plan. References jump - 16 presented before 12, 13, 14, 15?
 *See Case Study Outline for content. 10% deduction for turning in later than the due date. Passing grade is 80%.

(Please include corrected case study with rubric)

Preceptor's Signature Alyssa Price, MS, RDN, LD, CNSC

Date: 1/7/2025

Intern's Signature _____

Date: _____